



Coach Mike's Tennis Academy @ Liberty Park

650 E 900 S
Salt Lake City, Utah 84101
801.328.4711

Hours: M-F 7:00am-10:00pm
SAT 7:00am-6:00pm
SUN 8:00am-3:00pm

Adult Group Workouts

- All workouts are open to men and women 18 years and over
- Group workouts are 1.5 hours long and \$18 per workout
- Punch cards available – 10 workouts for \$150 (expire one year from date of purchase)

ALL WORKOUTS REQUIRE 24 HOUR CANCELLATION OR CHARGE WILL APPLY

Morning Workouts – 9:00am – 10:30am

Monday	3.0 and up
Tuesday	4.0 and up
Wednesday	2.5 and up
Thursday	3.5 and up

Evening Workouts – 6:30pm – 8:00pm

Monday	3.0 and up
Tuesday	4.0 and up
Wednesday	2.5 and up
Thursday	3.5 and up

Friday Techniques Class

If you're looking to improve your game, this is the class for you. In this class, we focus on technique for all strokes. Please call to reserve a spot at your **NTRP** level prior to workout. Class meets on Fridays, 9:00am-10:30am.

Quick Step 1, 2, 3

Are you new to tennis or never played before? This beginner class is \$60 for 5 lessons with 1 make up lesson the final week. A great way to kick start you tennis life. Class meets on Saturdays, 8:00am-9:00am; new classes are beginning. Please call to reserve your spot.

Saturday Special (3.0 and above)

For those who prefer a weekend cardio tennis workout, this group workout is for you. Please call in advance to reserve your spot. Workouts are on Saturdays, 9:00am-10:30am.

Sunday Super Slam (3.0 and above)

Start your Sunday with a morning cardio tennis workout with instruction. Please call in advance to reserve your spot. Group meets Sunday mornings, 9:00am-10:30am

Private Lessons: \$65.00 per hour

Court Fees: \$7.00 per 1 hour; \$10.00 per 1.5 hours (+ \$10.00 per hour w/ ball machine)